

August Acts of Kindness

1 Give a COMPLIMENT

2 Bake cookies for a friend

3 Leave positive notes in a public place

4 Stick a letter in a library book

5 Volunteer

6 Make a PRAYER JAR

7 PACK-A-BACKPACK

8 Send a thank you note

9 PICK UP TRASH

10 Pull weeds for a neighbor

11 Bake an apple pie for someone

12 Give a hug

13 Donate old clothes

14 feed the birds

15 SMILE

16 Offer water to passerbys

17 WRITE MESSAGES WITH SIDEWALK CHALK

18 wave at strangers

19 give flowers

20 leave change ON a VENDING MACHINE

21 tell a joke

22 Open the door for someone

23 donate old books

24 Don't complain all day

25 HELP SOMEONE WITH GROCERIES

26 Do a sibling's chores

27 Draw a picture for someone

28 Walk a neighbor's dog

29 Donate to a food bank

30 HELP MOM OUT

31 BE KIND TO A STRANGER