

December Acts of Kindness

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				VISIT a nursing Home
Support Operation Homefront 2	Give a compliment 3	Bake cookies for police officers 4	Complain less 5	PAY FOR SOMEONE'S COFFEE 6
Support a small biz 7	Hold the elevator 8	Donate old clothes 9	HELP SOMEONE WITH CHORES 10	Buy a homeless person food 11
Help someone decorate for Christmas 12	Leave a gift FOR YOUR MAILMAN 13	Donate books 14	GET TO KNOW SOMEONE NEW 15	Eat local 16
Shovel snow for someone 17	Volunteer 18	Invite someone to dinner 19	LEAVE A GENEROUS TIP 20	Be kind to yourself 21
Give teddy bears to kids in need 22	Use a reusable water bottle 23	Go caroling 24	CELEBRATE CHRISTMAS 25	Don't use plastic straws 26
Leave a note in a library book 27	Call someone you love 28	MAKE BLANKETS FOR A SHELTER 29	Leave a positive message 30	Set goals for the new year 31