

Gratitude Prompts

- Something in nature that you are thankful for?
- Something you take for granted.
- Something that makes you SMILE!
- Something that made you happy today.
- Something I am thankful for that doesn't cost money.
- Something that I think is beautiful.
- Someone I am thankful for.
- One little blessing did you receive today.
- Something that makes you laugh.
- A quality you are thankful that you have.
- Name a place you love being.
- A food that you could eat every day.
- "I'm glad I live in a world with _____"
- A person you are glad you have in your life.
- Something that you enjoy doing.
- Your favorite music/song.
- A challenge you have overcome.

Daily Gratitude

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